



Oskar VS Thingamabob
Identifying Emotions with an Emotion Wheel
Grade Levels: K-3

"Tabitha, tell me how I'm feeling." - Oskar

OBJECTIVES

Students will be able to describe emotions that they feel and identify them with the use of an emotion wheel

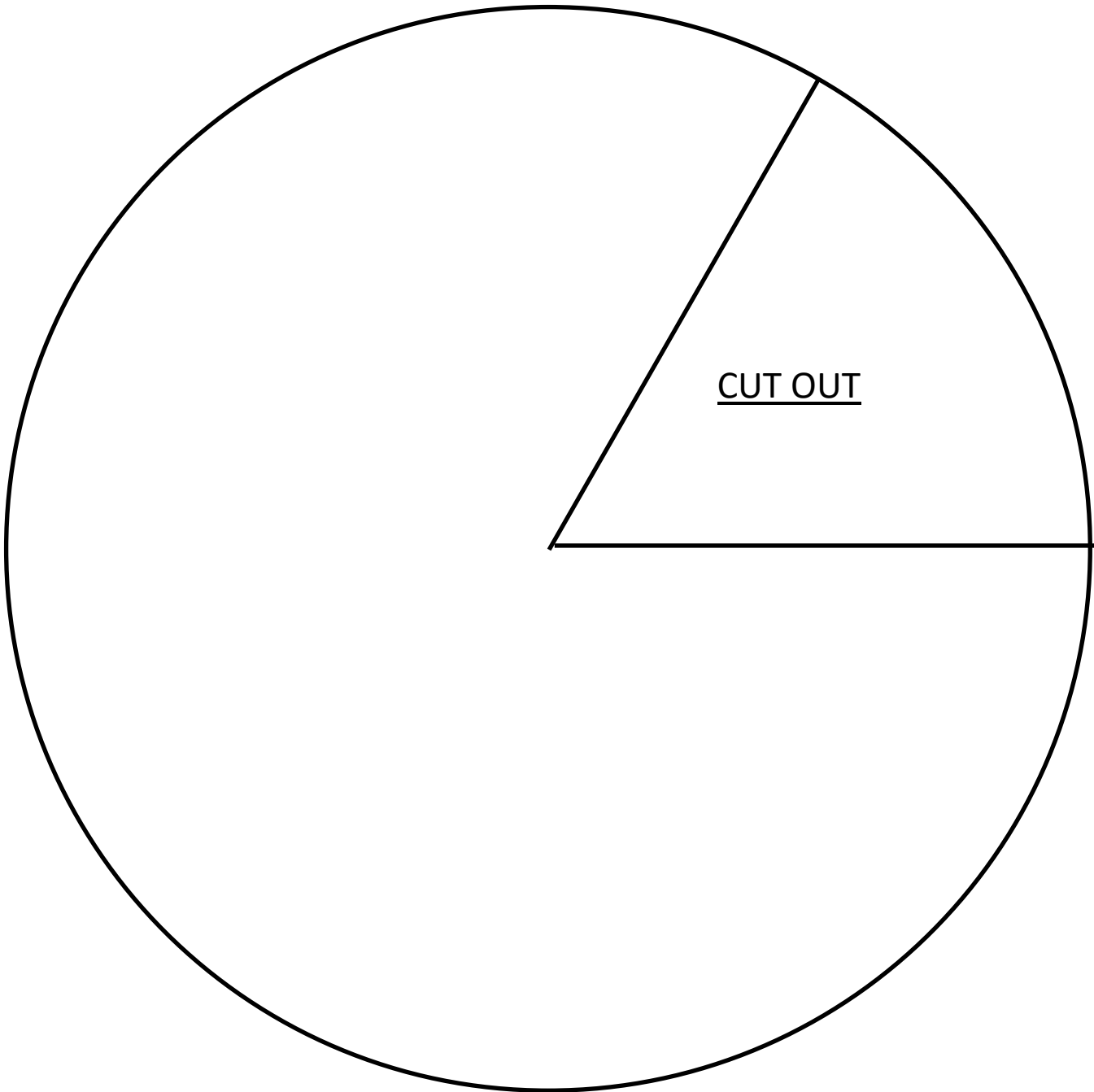
MATERIALS

Attached emotion wheel pages, drawing utensils, scissors and a brass fastener.

PROCEDURE

1. Discuss the emotions Oskar dealt with in the show, Oskar VS Thingamabob – fear, anger and sadness. Add additional emotions that the students feel in their lives not addressed in the show.
2. Pass out the emotion wheel pages and have students start to color, or draw images, or write phrases etc., on various sections of the emotion wheel.
3. Next, have the students cut out the wheel.
4. Then, have them cut out the cover, and cut out the marked section. Put the cover circle on top of the emotion wheel and secure with a brass fastener in the center of the circles.
5. Encourage the students to twist the cover around to reveal how they are feeling this day. Use everyday to help students learn to identify and communicate how they are feeling!

Cover



CUT OUT

Emotion Wheel

